

Advertisement No. IITH/2023/NF/15 dated 22.10.2023.

Post	Post Name
Number	
07	Staff Nurse

Selection Process consists of Skill Test and a Written Test.

Syllabus for written and / or Skill Test

1. Anatomy/Physiology

- a. Introduction to Anatomical terms, organization of the human body
- b. Skeletal system
- c. Muscular system
- d. Nervous system
- e. Sensory system
- f. Circulatory/Lymphatic system/Immunological
- g. Respiratory system
- h. Digestive system
- i. Excretory system
- j. Endocrine system
- k. Reproductive system

2. Nutrition

- a. Carbohydrates
- b. Fats
- c. Proteins
- d. Energy
- e. Vitamins/Minerals
- f. Water /Electrolyte
- g. Cookery rules/Preservation/adulteration/Food standards
- h. National nutrition programmes

3. Biochemistry

- a. Structure and Functions of cell membrane
- b. Composition/Metabolism of Carbohydrates/Proteins/Lipids/Vitamins
- c. Immunochemistry

4. Nursing Foundation

- a. Nursing as a profession
- b. Hospital admission and discharge
- c. Communication/Nurse-patient relationship

- d. Documentation/Reporting
- e. Vital signs
- f. Health assessment
- g. Health equipment/linen maintenance/Inventory
- h. Meeting needs of patients like basic/psychological/perioperative/physiological
- i. Infection control
- j. Administration of medications/oxygen
- k. Care of terminally ill patient
- l. CPR

5. Mental health nursing

- a. Assessment of mental health status
- b. Treatment modalities and therapies used in mental disorders
- c. Nursing management of schizophrenia and other psychotic disorders
- d. Nursing management of mood disorders
- e. Nursing management of Neurotic stress-related/substance abuse
- f. Psychiatric emergencies

6. Microbiology

- a. General characteristics of microbes/Pathogenic organisms
- b. Infection control
- c. Biomedical waste management
- d. Immunity

6. Communication/Technology/Computer/Hospital management system/ERP

7. Pharmacology

- a. Chemotherapy
- b. Commonly used antiseptic/Disinfectant/insecticide
- c. Drugs acting on GI /Respiratory/Urinary/Nervous/Cardiovascular Skin systems
- d. Hormones/Supplement
- e. Contraceptive/MTP

8. Pathology

a. Assessment of blood/urine/bone marrow/body fluids/faeces

9. Surgical Nursing

- a. Surgical asepsis/Perioperative nursing/Drug administration team
- b. Fluid Electrolyte imbalance
- c. Nursing management of patients with disorder of Respiratory/Digestive/CVS/Genito urinary/Reproductive /Endocrine/Musculoskeletal/Immunological/Communicable diseases

10. Child health nursing

- a. Healthy child (growth and development, nutritional needs of children and infants i.e breast feeding, complementary feeding, immunization and cold chain, well baby clinic).
- b. Neonatal care (Essential newborn care, Neonatal resuscitation, Kangaroo mother care, Identification & nursing management of common neonatal problems).
- c. Integrated care and management of Neonatal and childhood disease.
- d. Management of behavioral and Social problems in children.

11. Midwifery and obstetrical nursing

- a. Female reproductive system/Fetal development
- b. Antenatal assessment
- c. Intranatal assessmentd. Post-natal assessment
- e. Assessment of normal newborn/High-risk newborn
- f. High-risk pregnancy assessment and management
- g. Abnormal labour
- h. Family welfare programmes

12. Nursing research and statistics
